

Education Program

Gray Matters:

Mental Illness Co-Occurring with Dementia

February 28, 2023 1:30—4:00 pm Webinar

Description:

Learn the basics of mental illness and dementia as well as the risk factors and warning signs of both disorders in older adults. Join to discuss treatment, management and recovery. You will learn some strategies for working with someone living with both disorders and learn about resources for both conditions.

Learning Objectives:

- Describe mental illness basics in adults
- Describe dementia basics in older adults
- Learn the risk factors and warning signs of key mental illnesses and dementia in older adults
- Understand treatment, management, recovery and living your best life
- Discuss strategies for working with someone living with the two disorders
- Learn about resources for older adults living with the co-occurring disorders of mental illness and dementia

Who Should Attend: Senior workers in assisted living, long-term care facilities, adult day programs, rehab facilities, senior centers, case management and senior housing. Pastoral care, health clinic staff, faith based nurses, case managers, Meals on Wheels volunteers, hospice staff and volunteer befrienders.

Instructors: Kay King, Older Adults Program Coordinator & Community Educator, NAMI Minnesota

Marsha Berry, MA, Certified Alzheimer's Educator (CAEd)

Continuing Education: Contact Hours: 2.50

This workshop is designed to meet the continuing education requirements for the MN Board of Nursing, MN Board of Soial Work, & MN BELTS&S. It is the responsibility of the attendee to determine whether these activities meet the current criteria for continuing education.

Registration Fees

Medi-Sota Members: FREE

Non-Medi-Sota Members: \$75/Person

Click **HERE** to Register on the Medi-Sota Website

Prior to the program, you will receive an email with any additional course information. Registration Deadline: February 27, 2023 by 5 pm this ensures all registrants will receive course information & any materials in a timely manner.

If you should have any questions contact

Jennifer Gearman at 320-769-2269 or at <u>igearman@medi-sota.org</u> Medi-Sota, Serving Rural Health Care